

## இந்தியஅரசு

இந்திய வானிலை ஆய்வு துறை மண்டல வானிலை ஆய்வு மையம் 6, கல்லூரி சாலை சென்னை - 600006 தொலைபேசி: 044- 28271951



## **GOVERNMENT OF INDIA**

INDIA METEOROLOGICAL DEPARTMENT Regional Meteorological Centre No. 6, College Road Chennai–600006 Phone: 044- 28271951

Dated: April 15, 2025 Time of issue: 15:00 hrs IST

### Sub: Maximum temperatures over Tamilnadu, Puducherry & Karaikal

### 1. Maximum temperatures observed during the past 24 hours:

During the 24-hr ending 08:30 IST of today (**15.04.2025**), the maximum temperatures rose by 2-5°C at one or two places over Tamilnadu; however, there was *no large change* in the maximum temperature over most pasts of Tamilnadu, Puducherry & Karaikal areas and were generally near *normal*. They were in the range **33-39**°C over the plains of North Interior Tamilnadu; around **37**°C over the plains of South Interior Tamilnadu; **34-36**°C over Coastal Tamilnadu, Puducherry & Karaikal area and **21-29**°C over hilly areas.

Erode recorded the highest maximum temperature of 38.6°C over Tamilnadu.

Chennai (MBK) recorded 36.0°C (+0.4°C) & Chennai (NBK) : 34.8°C (+0.3°C).

MAXIMUM TEMPERATURE (24 HOURS CHANGE)		
Markedly rise (+4.1°C or more)	Over Tirunelveli district.	
<b>Appreciably rise</b> (+2.1°C to +4.0 °C)	Over Coimbatore and Dindigul districts.	
<b>Appreciable fall</b> (-2.1°C to -4.0°C)		
Markedly fall (-4.1°C or less)	Over Thanjavur district.	
<b>No large change</b> $(-2.0^{\circ}\text{C to } +2.0^{\circ}\text{C})$	Over the rest of the subdivision.	

MAXIMUM TEMPERATURE (DEPARTURE FROM NORMAL)		
<b>Markedly above normal</b> (+5.1°C or more)		
<b>Appreciably above Normal</b> (+3.1 °C to +5.0 °C)		
<b>Above normal</b> (1.6°C to 3.0° C)	Over Ramanathapuram district.	
<b>Below normal</b> (-1.6 ° to -3.0 ° C)		
<b>Appreciably below normal</b> (-3.1 to -5.0°C)		
Markedly below normal (-5.1°C or less)		
<b>Normal</b> (-1.5° C to 1.5° C)	Over the rest of the subdivision.	

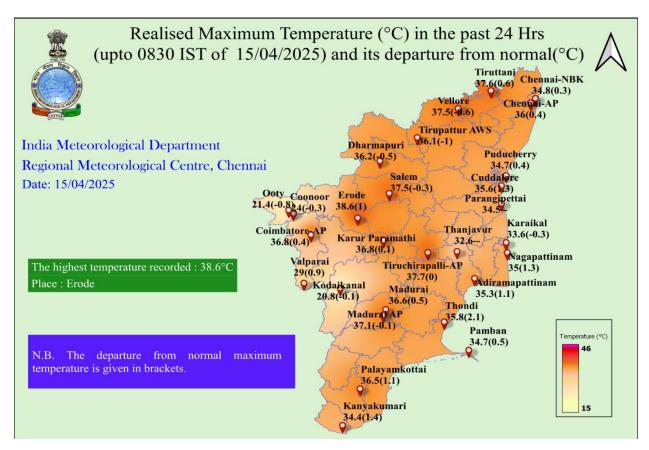
## 2. Temperature & Humidity Forecast and warning for next five days:

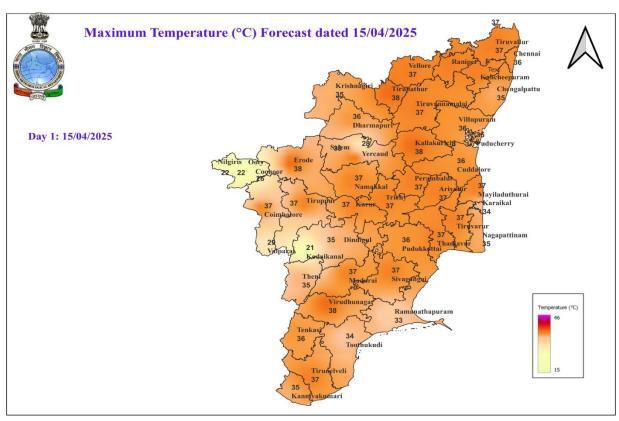
Forecast	Maximum Temperature:	
Day-1 to Day-5		
(15.04.2025 to	No large change in maximum temperature during Day 1 (15.04.2025) & Day	
<u>19.04.2025)</u>	2 (16.04.2025) and thereafter gradual rise in maximum temperature by 2-3°C	
	at isolated pockets during Day 3 (17.04.2025) to Day 5 (19.04.2025) over	
	Tamilnadu.	
	Maximum Temperature is likely to be <b>above normal</b> by 2-3°C at isolated	
	pockets during Day 1 (15.04.2025) & Day 2 (16.04.2025) and at a few	
	pockets during Day 3 (17.04.2025) to Day 5 (19.04.2025) over Tamilnadu.	
	They are likely to be 35-40°C over the north coastal districts, 36-40°C over	
	the plains of north interior districts, 35-37°C over the south costal districts,	
	34-39°C over the plains of the south interior districts & 21-30°C over the	
	hilly areas of Tamilnadu; and 34-36°C over Puducherry & Karaikal areas during this period.	
	during this period.	
	Relative Humidity:	
	Humidity is likely to be about 30-50% in the afternoon hours and 50-75%	
	during the rest of the day over the plains of interior districts; and 50-85% over	
	the coastal areas during the next five days.	
Action	As given in the attachment	
suggested to		
the public		

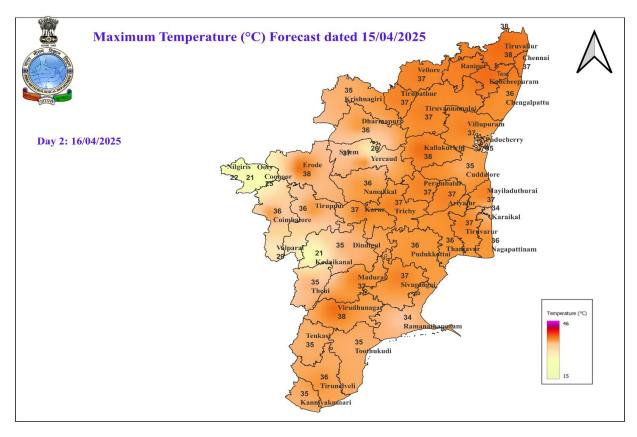
# <u>Legend:</u>

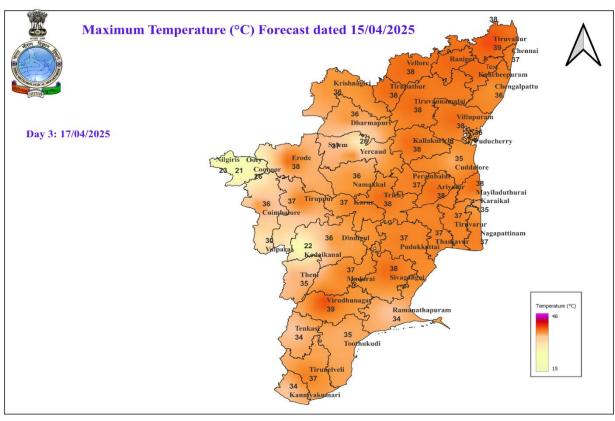
# Description of Temperature:

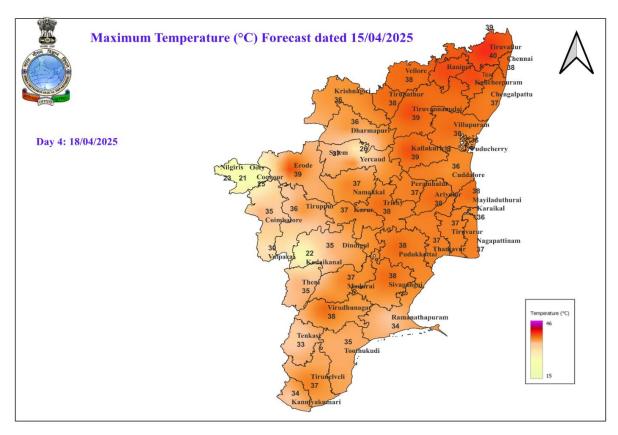
Markedly above normal	Departure from normal: +5.1°C or more
Appreciably above normal	Departure from normal: +3.1° C to +5.0 ° C
Above Normal	Departure from normal: +1.6 °C to +3.0 °C
Normal	Departure from normal: -1.5° C to +1.5° C
Below Normal	Departure from normal: -1.6 °C to -3.0 °C
Appreciably below normal	Departure from normal: -3.1° C to -5.0 ° C
Markedly below normal	Departure from normal: -5.1°C or less

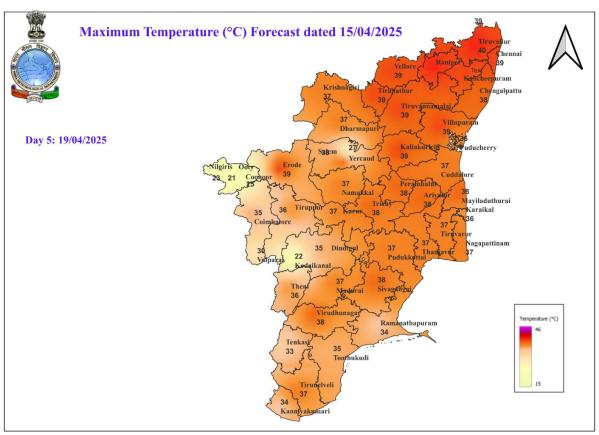












#### ADVISE FOR MINIMISING IMPACTS DUE TO HEAT STRESS

(https://ndma.gov.in/Natural-Hazards/Heat-Wave/Dos-Donts)

- Avoid going out in the sun, especially between 12.00 noon and 3.00 p.m.
- Drink sufficient water and as often as possible, even if not thirsty
- Wear lightweight, light-coloured, loose and porous cotton clothes. Use protective goggles, umbrella/hat, shoes or chappals while going out in sun.
- Avoid strenuous activities when the outside temperature is high. Avoid working outside between 12 noon and 3 p.m.
- While travelling, carry water with you.
- If you work outside, use a hat or an umbrella and also use a damp cloth on your head, neck, face and limbs.
- Do not leave children or pets in parked vehicles.
- If you feel faint or ill, see a doctor immediately.
- Use ORS, homemade drinks like lassi, torani (rice water), lemon water, buttermilk, etc. which helps to re-hydrate the body.
- Keep animals in shade and give them plenty of water to drink.
- Keep your home cool, use curtains, shutters or sunshade and open windows at night.
- Use fans, damp clothing and take bath in cold water frequently.

### TIPS FOR TREATMENT OF A PERSON AFFECTED BY A SUNSTROKE

- Lay the person in a cool place, under a shade. Wipe her/him with a wet cloth/wash the body frequently. Pour normal temperature water on the head. The main thing is to bring down the body temperature.
- Give the person ORS to drink or lemon sarbat/torani or whatever is useful to rehydrate the body.
- Take the person immediately to the nearest health centre. The patient needs immediate hospitalisation, as heat strokes could be fatal.

#### **ACCLIMATISATION**

People at risk are those who have come from a cooler climate to a hot climate. You may have such a person(s) visiting your family during the heat wave season. They should not move about in open field for a period of one week till the body is acclimatized to heat and should drink plenty of water. Acclimatization is achieved by gradual exposure to the hot environment during heat wave.